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Known as the art of spin bowling, it allows for the player to have amazing control over the ball. There is no question that it is one of the most devastating delivery methods. Even though everyone performs it a bit differently, with diligent practice and dedication, you can learn how to master this spin. Method 1

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The first bend of the third finger should grasp the seam. The thumb resting against the side is up to the bowler but should impart no pressure. When the ball is bowled, the third finger will apply most of the spin. The wrist is cocked as it comes down by the hip, and the wrist moves sharply from right to left as the ball is released, adding more spin.

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